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RESEARCH ARTICLE



Antimicrobial Potential of Calcium Hydroxide Chlorhexidine, Octenidol, Endoseptone and Combination of Calcium Hydroxide and Chlorhexidine against *Enterococcus faecalis* as Intracanal Medicament

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Abstract

The complete microfloral debriment of the root canal is possible only through successful endodontic treatment. Due to complexicity constraints of root canal system complete microfloral removal by simply mechanical instruments is not sufficient. Therefore we aim to evaluate the antimicrobial efficacy of five different intracanal medicaments such as calcium hydroxide, chlorhexidiene, octenidol, endosepton and calcium hydroxide and chlorhexidine against *Enterococcus faecalis*. The Antibacterial activity of aforesaid medicaments was done against *Enterococcus faecalis* using agar disk diffusion method, over a period of 24 hrs and 72 hrs. The samples were divided into 6 groups. The zone of inhibition was measured after 24 and 72 hrs and were recorded in millimeters and compared with respect to control. There was a significant difference in the mean zone of inhibition at 24 and 72 hrs between calcium hydroxide, endoseptone, octenidol, calcium hydroxide and chlorohexidine combination, chlorohexidine and control group. Chlorohexidine was found to have maximum inhibitory efficacy followed by calcium hydroxide and chlorohexidine combination. Within the limitations of this study it may be concluded that Chlorhexidine can be used as an efficient intracanal medicament.

Keywords: Intracanal medicament, Octenidol, Endoseptone, Chlorhexidine.

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INTRODUCTION

Complete debridement and reduction of bacterial infection from root canal space seems to be necessary for long term success of endodontic treatment^{1, 2}. However, the complex anatomy of the root canal system sometimes hinders the penetration of irrigants / medicaments which are necessary for eradication of infected tissues and micro-organisms³ resulting in non / partial elimination of resistant bacteria within root canal systems. Various bacteria found in root canals are Enterococcus faecalis, Streptococcus mutans, Streptococcus sanguis and Staphylococcus aureus⁴.

Enterococcus faecalis is a troublemaker among many causative agents of failed root canal treatment⁵. It has been found in 38% of failed root canal system. However, according to Miller and Wilkins study, Enterococcus faecalis ranges from 24 – 77% in tooth with failed endodontic treatment⁶. Its high alkalinity tolerance enables it to tolerate rough environmental changes⁷. Despite the use of different intracanal medicaments few bacteria are capable of surviving in the root canal dentin⁸ which is the major reason behind endodontic treatment failure⁹.

Different intracanal medicaments have been used over the time like formocresol, glutaraldehyde, calcium hydroxide, chlorhexidine gel, corticosteroids, and certain antibiotics¹⁰. Among the numerous properties accounted for in an ideal intracanal medicament, stability, biocompatibility, and antibacterial action are the most important factors to prevent multiplication of certain microorganisms between intraappointment visits¹¹⁻¹². Therefore, the search for potent intracanal medication with wide antimicrobial spectrum and low cytotoxicity continues.

The purpose of this study was to investigate the efficacy of five different intracanal medicaments against Enterococcus faecalis. These medicaments are calcium hydroxide, endoseptone, octenidol, calcium hydroxide and chlorohexidine combination, chlorohexidine. Many studies have been carried out on the antimicrobial efficacy of calcium hydroxide and Chlorhexidine¹³ in the past but none comparing recently introduced Octenidol with the standard calcium hydroxide¹⁴. Hence, this study was undertaken to compare and evaluate the antimicrobial potency of Octenidol against Chlorhexidine, Endoseptone and standard calcium hydroxide.

Two parameters were selected to be evaluated in this study:

(1) Zone of inhibition: that is the area (measured in millimetres) around the wafer where the bacteria has not grown enough to be visible, which tells us how effective the intracanal medicament is at stopping the growth of bacterium¹⁵.

(2) Colony forming units: that is used to estimate the number of viable bacterium in given samples¹⁶.

MATERIAL AND METHODS

A single stranded strain of Enterococcus faecalis ATCC 29212 was used for this study. The inoculation of bacteria was done by transferring the bacteria to the liquid medium that is Trypticase soy broth. Transferring of bacteria was done by heating sterile inoculation loops until red hot after which the bacteria was picked up from the Enterococcus faecalis strains and was carried to the test tube containing Trypticase soy broth. The mouth of the test tube was run through the flame before inserting the loop carrying bacteria in order to avoid contaminants at the entrance of the test tube. The loops was then rubbed along the wall of the test tube by holding the tube at 45 degrees. The tip of the test tube was again run through the flame and was capped. This test tube was incubated for 12 hours at 37 degrees. The turbidity was seen in the test tube after 12 hours which indicated the growth of active bacterium. For the confirmation of single stranded strains of Enterococci, a slide was prepared and was gram stained. This procedure involved the application of primary stain crystal violet to a heat fixed smear of bacterial culture followed by addition of trapping agent grams iodine which is preceded by rapid decolourization with alcohol and finally basic fuchsin was used for counter staining. Oil immersion microscopic examination at lens power 100x was done which confirmed Enterococci by their purple colour with rounded appearances, either in chains or bunch. 15 trypticase soy agar plates were swabbed by Enterococcus faecalis using sterile cotton swabs by dipping the swabs into the test tube containing broth and transferring them to each trypticase soy agar plates by moving the swabs on each plate in a "zig –zag" motion as quickly as possible to avoid any air contamination.

The test agents were measured at 5 microlitres and were transferred to these punched wells using a sterile micropipette.

These plates were labelled on the back of the agar plates and was incubated for 24 hours at 37 degrees.

The test agents were as follows :

Group 1 : Positive Control

Group 2 : Calcium hydroxide – 1.5 gm of powder in 1 ml of sterile saline.

Group 3: 2% Chlorhexidine

Group 4 : Endoseptone

Group 5 : Octenidol

Group 6 : Combination of calcium hydroxide and Chlorhexidine (1:1)

The entire experiment was done under sterilized condition.

After 24 hours and 72 hours the zone of inhibition was measured of each test agent in millimetres by holding a ruler on the back of the agar plates and the readings were noted.

Table 1. The mean zone of inhibition at 24 hours

The enterococci were suspended in a solution of trypticase soy broth. 100 microlitre of this was pipetted out and poured onto brainheart-infusion agar. Streaking was done using a sterile metal loop in order to evenly spread the suspension all through the agar plate. The plates were then incubated for 24 hours and further using a digital colony counter, the colony forming units (CFU) were enumerated. The mean CFU/mg and standard deviation values were calculated for calcium hydroxide and Chlorhexidine groups. Statistical significance was established at p<0.01.

RESULTS

The mean Zone of inhibition at 24 hours was compared between Calcium hydroxide, Endoseptone, Octenidol, Calcium hydroxide and Chlorhexidine combination, Chlorhexidine and Control groups using the One-way ANOVA test. There was a significant difference in mean Zone of inhibition at 24 hours between Calcium hydroxide,

	Zone of inhibition at 24 hours				
	Number	Mean	Std. Deviation	F-value	p-value
Calcium hydroxide	15	0.00	0.00	613.780	< 0.001*
Endoseptone	15	12.60	1.97		
Octenidol	15	15.00	2.33		
Calcium hydroxide and	15	18.00	1.25		
Chlorhexidine combination					
CHLORHEXIDINE	15	22.00	1.32		
Control group	15	0.00	0.00		

One-way ANOVA test* Significant difference



Mean Zone of inhibition at 72 hours



Fig. 1. Showing comparative account of mean zone of inhibition at 24 hours

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Endoseptone, Octenidol, Calcium hydroxide and Chlorhexidine combination, Chlorhexidine and Control groups.

The inter-group comparison of mean Zone of inhibition at 24 hours was done using the Post-hoc bonferroni test. The mean Zone of inhibition at 24 hours was significantly more among Chlorhexidine in comparison to other groups, Calcium hydroxide and Chlorhexidine combination in comparison to Calcium hydroxide, Endoseptone, Octenidol and control groups, Octenidol comparison to Calcium hydroxide, Endoseptone and control groups and Endoseptone in comparison to Calcium hydroxide and control groups.

The mean Zone of inhibition at 72 hours was compared between Calcium hydroxide, Endoseptone, Octenidol, Calcium hydroxide and Chlorhexidine combination, Chlorhexidine and Control groups using the One-way ANOVA test. There was a significant difference in mean Zone of inhibition at 72 hours between Calcium hydroxide, Endoseptone, Octenidol, Calcium hydroxide and Chlorhexidine combination, Chlorhexidine and Control groups.

The inter-group comparison of mean Zone of inhibition at 72 hours was done using the Post-hoc bonferroni test. The mean Zone of inhibition at 72 hours was significantly more among Chlorhexidine in comparison to other groups, Calcium hydroxide and Chlorhexidine combination in comparison to Calcium hydroxide, Endoseptone, Octenidol and control groups, Octenidol in comparison to Calcium hydroxide, Endoseptone and control groups and Endoseptone in comparison to Calcium hydroxide and control groups.

The mean CFU at day 1 was compared between Calcium hydroxide, Endoseptone, Octenidol, Calcium hydroxide and Chlorhexidine combination, Chlorhexidine and Control groups using the One-way ANOVA test. There was a significant difference in mean CFU at day 1 between Calcium hydroxide, Endoseptone, Octenidol, Calcium hydroxide and Chlorhexidine combination, Chlorhexidine and Control groups.

	Zone of inhibition at 24 hours		
		Mean Difference	p-value
Calcium hydroxide	Endoseptone	-12.60	< 0.001*
Calcium hydroxide	Octenidol	-15.00	< 0.001*
Calcium hydroxide	Calcium hydroxide and Chlorhexidine combination	-18.00	< 0.001*
Calcium hydroxide	CHLORHEXIDINE	-22.00	< 0.001*
Calcium hydroxide	Control group	0.00	1.000
Endoseptone	Octenidol	-2.40	< 0.001*
Endoseptone	Calcium hydroxide and	-5.40	< 0.001*
	Chlorhexidine combination		
Endoseptone	CHLORHEXIDINE	-9.40	< 0.001*
Endoseptone	Control group	12.60	< 0.001*
Octenidol	Calcium hydroxide and Chlorhexidine combination	-3.00	< 0.001*
Octenidol	CHLORHEXIDINE	-7.00	< 0.001*
Octenidol	Control group	15.00	< 0.001*
Calcium hydroxide and	CHLORHEXIDINE	-4.00	< 0.001*
Chlorhexidine combination			
Calcium hydroxide and Chlorhexidine combination	Control group	18.00	< 0.001*
CHLORHEXIDINE	Control group	22.00	< 0.001*

Table 2. Difference of zone of inhibition of various medicaments

Post-hoc bonferroni test* Significant difference

The inter-group comparison of mean CFU at day 1 was done using the Post-hoc bonferroni test. The mean CFU at day 1 was significantly more among Chlorhexidine in comparison to Calcium hydroxide, Endoseptone, Octenidol and control groups, Calcium hydroxide and Chlorhexidine combination in comparison to Calcium hydroxide, Endoseptone, Octenidol and control groups, Octenidol in comparison to Calcium hydroxide, Endoseptone and control groups and Endoseptone in comparison to Calcium hydroxide and control groups.

The mean CFU at day 3 was compared between Calcium hydroxide, Endoseptone, Octenidol, Calcium hydroxide and Chlorhexidine combination, Chlorhexidine and Control groups using the One-way ANOVA test. There was a significant difference in mean CFU at day 3 between Calcium hydroxide, Endoseptone, Octenidol, Calcium hydroxide and Chlorhexidine combination, Chlorhexidine and Control groups. The inter-group comparison of mean CFU at day 3 was done using the Post-hoc bonferroni test¹⁷. The mean CFU at day 3 was significantly more among Chlorhexidine in comparison to Calcium hydroxide, Endoseptone, Octenidol and control groups, Calcium hydroxide and Chlorhexidine combination in comparison to Calcium hydroxide, Endoseptone, Octenidol and control groups, Octenidol in comparison to Calcium hydroxide, Endoseptone and control groups and Endoseptone in comparison to Calcium hydroxide and control groups.

The mean CFU at day 5 was compared between Calcium hydroxide, Endoseptone, Octenidol, Calcium hydroxide and Chlorhexidine combination, Chlorhexidine and Control groups using the One-way ANOVA test. There was a significant difference in mean CFU at day 5 between Calcium hydroxide, Endoseptone, Octenidol, Calcium hydroxide and Chlorhexidine combination, CHLORHEXIDINE and Control groups.

Table 3. Zone of inhibition at 72 hours

Zone of i	nhibition at	72 hours		
Number	Mean	Std. Deviation	F-value	p-value
15	0.00	0.00	834.293	< 0.001*
15	9.00	1.22		
15	13.87	2.02		
15	17.00	1.07		
15	20.00	1.07		
15	0.00	0.00		
	Zone of i Number 15 15 15 15 15 15 15	Zone of inhibition at Number Mean 15 0.00 15 9.00 15 13.87 15 17.00 15 20.00 15 0.00	Zone of inhibition at 72 hours NumberNumberMeanStd. Deviation150.000.00159.001.221513.872.021517.001.071520.001.07150.000.00	Zone of inhibition at 72 hours NumberF-valueNumberMeanStd. DeviationF-value150.000.00834.293159.001.221513.872.021517.001.071520.001.07150.000.00

1.40

One-way ANOVA test* Significant difference





Mean CFU at day 3



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	Zone of inhibition at 72 hours	Mean Difference	p-value
			•
Calcium hydroxide	Endoseptone	-9.00	< 0.001*
Calcium hydroxide	Octenidol	-13.87	< 0.001*
Calcium hydroxide	Calcium hydroxide and	-17.00	< 0.001*
	Chlorhexidine combination		
Calcium hydroxide	CHLORHEXIDINE	-20.00	< 0.001*
Calcium hydroxide	Control group	0.00	1.000
Endoseptone	Octenidol	-4.87	< 0.001*
Endoseptone	Calcium hydroxide and	-8.00	< 0.001*
	Chlorhexidine combination		
Endoseptone	CHLORHEXIDINE	-11.00	< 0.001*
Endoseptone	Control group	9.00	< 0.001*
Octenidol	Calcium hydroxide and	-3.13	< 0.001*
	Chlorhexidine combination		
Octenidol	CHLORHEXIDINE	-6.13	< 0.001*
Octenidol	Control group	13.87	< 0.001*
Calcium hydroxide and	CHLORHEXIDINE	-3.00	< 0.001*
Chlorhexidine combination			
Calcium hydroxide and	Control group	17.00	< 0.001*
Chlorhexidine combination			
CHLORHEXIDINE	Control group	20.00	< 0.001*

Table 4. Difference of zone of inhibition of various medicament at 72 hours

Post-hoc bonferroni test* Significant difference

Table 5. CFU at day 1 by various medicaments

		CFU at day	1		
	Number	Mean	Std. Deviation	F-value	p-value
Calcium hydroxide	15	1.07	0.26	19.155	< 0.001*
Endoseptone	15	0.53	0.52		
Octenidol	15	0.47	0.52		
Calcium hydroxide and	15	0.33	0.49		
Chlorhexidine combination					
CHLORHEXIDINE	15	0.00	0.00		
Control group	15	1.27	0.46		

One-way ANOVA test* Significant difference

The inter-group comparison of mean CFU at day 5 was done using the Post-hoc bonferroni test. The mean CFU at day 5 was significantly more among Chlorhexidine in comparison to Calcium hydroxide, Endoseptone, Octenidol and control groups, Calcium hydroxide and Chlorhexidine combination in comparison to Calcium hydroxide, Endoseptone, Octenidol and control groups, Octenidol in comparison to Calcium hydroxide, Endoseptone and control groups and Endoseptone in comparison to Calcium hydroxide and control groups.

DISCUSSION

Antimicrobial property of calcium hydroxide providing alkalinity to persisting environment is through production of hydroxyl ions which is a difficult condition for survival of microorganisms. However calcium hydroxide has not been found sufficiently effective against all

	CFU at day 1		
		Mean Difference	p-value
Calcium hydroxide	Endoseptone	0.53	0.011*
Calcium hydroxide	Octenidol	0.60	0.003*
Calcium hydroxide	Calcium hydroxide and Chlorhexidine combination	0.73	< 0.001*
Calcium hydroxide	CHLORHEXIDINE	1.07	< 0.001*
Calcium hydroxide	Control group	-0.20	1.000
Endoseptone	Octenidol	0.07	1.000
Endoseptone	Calcium hydroxide and Chlorhexidine combination	0.20	1.000
Endoseptone	CHLORHEXIDINE	0.53	0.011*
Endoseptone	Control group	-0.73	< 0.001*
Octenidol	Calcium hydroxide and Chlorhexidine combination	0.13	1.000
Octenidol	CHLORHEXIDINE	0.47	0.045*
Octenidol	Control group	-0.80	< 0.001*
Calcium hydroxide and Chlorhexidine combination	CHLORHEXIDINE	0.33	0.476
Calcium hydroxide and Chlorhexidine combination	Control group	-0.93	< 0.001*
CHLORHEXIDINE	Control group	-1.27	< 0.001*

Table 6. Difference of CFU at day 1, between various medicaments

Post-hoc bonferroni test* Significant difference

Table 7. CFU at day 3

	CF	U at day 3			
	Number	Mean	Std. Deviation	F-value	p-value
Calcium hydroxide	15	1.13	0.35	17.387	< 0.001*
Endoseptone	15	0.67	0.62		
Octenidol	15	0.53	0.52		
Calcium hydroxide and	15	0.47	0.52		
Chlorhexidine combination					
CHLORHEXIDINE	15	0.00	0.00		
Control group	15	1.40	0.51		

One-way ANOVA test* Significant difference

kinds of bacteria¹⁸. Chlorohexidine attributes its antimicrobial activity through its cationic nature which easily pierces through the negatively charged bacterial membranes and leads to leaking of intracellular contents of the bacteria. More important about it is that it is effective against the bacteria resistant¹⁹.

In the present study manual Chlorhexidine was found to have the maximum antimicrobial efficacy followed by combination of calcium hydroxide and Chlorhexidine (1:1). Calcium hydroxide was found to be least effective showing minimum zones of inhibition at 24 hours and 72 hours and maximum colony forming units/ ml at day 1. The results of the study were quite compatible to the studies done earlier. Many studies have been carried out to evaluate the antibacterial efficacy of intracanal medicaments being used²⁰⁻²². According to a study carried out by Evans MD, Baumgartner JC et al²³ in 2003 to evaluate the antibacterial efficacy of an intracanal medication composed of calcium hydroxide with 2%Chlorhexidine, the calcium hydroxide paste with 2% Chlorhexidine was found to be more effective at killing Enterococcus faecalis in the dentinal tubules than calcium hydroxide with water. While Masoud SAATCH, Ali SHOKRANEH, Hooman et al (2014)²⁴in their study found out that that mixing CH with CHLORHEXIDINE does not improve its *ex vivo* antibacterial property as an intracanal medicament against *Enterococcus faecalis*.

Calcium hydroxide is used throughout the world since Hermann introduced it to

dentistry in 1920²⁵. This highly alkaline substance with pH of 12.5 approximately has antibacterial properties and has the ability to induce repair and stimulate hard tissue formation²⁶. The antibacterial effect of calcium hydroxide results from the release of hydroxyl ions when it comes into contact with aqueous fluid²⁷ and its main action is attributed to the effect of these ions on vital tissues²⁸. However here in our study the calcium hydroxide alone is not sufficiently effective against bacteria. Though calcium hydroxide has

	CFU at day 3		
		Mean Difference	p-value
Calcium hydroxide	Endoseptone	0.47	0.109
Calcium hydroxide	Octenidol	0.60	0.010*
Calcium hydroxide	Calcium hydroxide and Chlorhexidine combination	0.67	0.003*
Calcium hydroxide	CHLORHEXIDINE	1.13	< 0.001*
Calcium hydroxide	Control group	-0.27	1.000
Endoseptone	Octenidol	0.13	1.000
Endoseptone	Calcium hydroxide and Chlorhexidine combination	0.20	1.000
Endoseptone	CHLORHEXIDINE	0.67	0.003*
Endoseptone	Control group	-0.73	0.001*
Octenidol	Calcium hydroxide and Chlorhexidine combination	0.07	1.000
Octenidol	CHLORHEXIDINE	0.53	0.035*
Octenidol	Control group	-0.87	< 0.001*
Calcium hydroxide and Chlorhexidine combination	CHLORHEXIDINE	0.47	0.109
Calcium hydroxide and Chlorhexidine combination	Control group	-0.93	< 0.001*
CHLORHEXIDINE	Control group	-1.40	< 0.001*

Table 8. Mean difference of CFU between various medicaments

Post-hoc bonferroni test* Significant difference

Table 9. CFU at day 5

		CFU at day 5			
	Number	Mean	Std. Deviation	F-value	p-value
Calcium hydroxide	15	1.20	0.41	17.093	< 0.001*
Endoseptone	15	0.87	0.64		
Octenidol	15	0.73	0.59		
Calcium hydroxide and Chlorhexidine combination	15	0.60	0.51		
CHLORHEXIDINE	15	0.00	0.00		
Control group	15	1.53	0.52		
One-way ANOVA test* Significant d	ifference				

a wide range of antimicrobial effects against common endodontic pathogens, but it is well reported to be less effective against specific species such as *Enterococcus faecalis* or *Candida albicans*. Numerous studies have also indicated that it exhibits a broad spectrum of antimicrobial activity against a variety of gram-positive and gram-negative bacteria (Bailey et al 1984, Sedlock and Bailey 1985)²⁹ and that this compound is also



Fig. 5. Showing CFU at day 5 of various medicaments

effective against plaque-producing organisms such as Actinomyces viscosus, Actinomyces naeslundii, Streptococcus mutans and Streptococcus sanguis³⁰.

OCTENIDOL aquais composed of PEG-40 hydrogenated castor oil, glycerin, sodium gluconate, aroma, aspartame, octenidine dihydrochloride, citric acid.

Due to its specific capability to adhere and form complexes with chemical cell components and whole cells along with its high antimicrobial efficacy, octenidine dihydrochloride (octenidine) may be considered as a unique antimicrobial agent exerting its activity through non-cytotoxic complexes on the site of action. Octenidine shows properties of positively charged (cation active) chemical compounds. Octenidine has been well reported to show greater effectiveness as an inhibitor to plaque-forming enzymes of Streptococcus mutans than Chlorhexidine or alexidine (Bailey et al 1984)³¹. However it's status as inhibitor to Enterococcus faecalis, is conflicting and thereby has been, assessed for its activity against the bacteria. In our study the compound Octenidine has given relatively low efficacious

Table 10. Difference of CFU at day 5 between various medicaments	
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Post-hoc bonferroni test* Significant difference

results as an antimicrobial agent as compared to chlorohexidine.

ENDOSEPTONE consists of p Chlorophenol 30%, Dexamethasone Acetate and Thymol. Endoseptone is a solution which offers a triple action of being bactericidal, sedative and anti inflammatory. It also reduces the risk of allergic reactions, have a higher antibacterial, antiseptic and disinfectant potential compared to other disinfectants or phenol³². But in comparison to chlorohexidine its antimicrobial activity was found to be very poor.

Chlorhexidine has a reasonably wide range of activity against aerobic and anaerobic organisms. This might be responsible for its high antimicrobial activity against Enterococcus faecalis .At low concentrations of Chlorhexidine, small molecular weight substances will leak out, resulting in a bacteriostatic effect. At higher concentrations, Chlorhexidine has a bactericidal effect due to precipitation and coagulation of the cytoplasm probably caused by protein cross linking. One of the mechanisms that explain its efficacy is based on the interaction between the positive charge of the molecule and negatively charged phosphate groups on the bacterial cell wall, which allows the Chlorhexidine molecule to penetrate into the bacteria with toxic effects.

CONCLUSION

In the present study manual Chlorhexidine was found to have the maximum antimicrobial efficacy followed by combination of calcium hydroxide and Chlorhexidine (1:1). Calcium hydroxide was found to be least effective showing minimum zones of inhibition at 24 hours and 72 hours and maximum colony forming units/ml at day 1. Within the limitations of this study it may be concluded that Chlorhexidine can be used as an efficient intracanal medicament. However, present study also supports the use of Octenidol as a promising intracanal medicament.

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CONFLICT OF INTEREST

The authors declare that there is no conflict of interest.

DATA AVAILABILITY

All datasets generated or analyzed during this study are included in the manuscript.

ETHICS STATEMENT

This article does not contain any studies with human participants or animals performed by any of the authors.

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